



Domestic Abuse Multi-Agency Training Programme April 2023 – March 2024

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About the training

Safe Newcastle are pleased to introduce our Domestic Abuse Multi-Agency Training Programme for 2023 – 2024. This training can help you recognise the signs and indicators of domestic abuse, understand the issues affecting those subjected to it and respond safely and effectively when someone needs our protection, help and support.

Safe Newcastle is the Community Safety Partnership for Newcastle upon Tyne. Our vision is to create a safe Newcastle by tackling crime, including domestic abuse, alcohol, drugs, anti-social behaviour and their impact on the residents of our city.

Visit the [Safe Newcastle website](#) to find out more about the work we do.

Who are the courses for?

The training programme is primarily aimed at managers, paid staff and volunteers who may come into contact with people subjected to domestic abuse, perpetrators of abuse and / or child victims of domestic abuse.

The training courses are suitable for staff from many different sectors and organisations, including, but not limited to:

- Specialist domestic and sexual violence and abuse service providers
- Health professionals, for example, midwives, health visitors, GPs, nurses, mental health services, school nurses
- Adult and children's safeguarding practitioners, including Early Help staff
- Children's Centres and voluntary sector children's organisations
- Education sector
- Housing and hostel services
- Alcohol and drug services
- Criminal justice agencies

Please read the outline for each course you are interested in attending to ensure the course aim and learning objectives are relevant to your role. If you would like to discuss your training requirements prior to booking, please contact:

Joanne Douglas

Workforce Development and Training Officer (Violence against Women and Girls)

07881 686 568, joanne.douglas@newcastle.gov.uk

About the training

All the courses listed in this programme are delivered in a multi-agency setting, either face to face or on Microsoft Teams. Training delivered on a multi-agency basis is an effective way of promoting a shared understanding of participants' roles and responsibilities relating to the topics covered and contributes to the development of effective working relationships.

Due to the multi-agency nature of these courses, we can only accept a maximum of three people from the same organisation on each session. If you would like to train a larger group of staff in one session, please contact Joanne Douglas to discuss your training requirements and potential cost.

All the courses are delivered using various training methods including small group work, films, PowerPoint presentation, trainer led inputs, skills practice and case studies. The training is highly interactive and based upon current best practice and evidence of what works well in response to domestic abuse.

Training delivery format

To ensure the training programme is accessible to all, the courses are delivered in a number of different formats: classroom based, blended learning and online using Microsoft Teams.

The **classroom-based courses** take place at Newcastle Civic Centre, which is in the city centre, close to Haymarket Metro station.

The **blended courses** are delivered in three parts:

1. Pre-course work (approx. 2 hours, self-guided learning using a learning pack which you will receive approximately 1 week prior to the live session)
2. Live, interactive training session via Microsoft Teams (approx. 3 hours 15 minutes, facilitator-led)
3. Post-course reflection and evaluation (approx. 45 minutes, self-guided reflection using the learning pack)

All three parts must be completed to 'pass' the training and receive an attendance certificate.

Teams courses are delivered online, with no pre or post-course work required.

To make the training a valuable learning experience for all participants we ask that you do not take phone calls or read / answer e-mails during Teams training. We also ask that you use a device that allows you to have your microphone and camera on, so that you can speak and are visible to the trainers. Please do not register for online training unless you're prepared to have your camera on and interact in the chat and / or using your microphone.

Content warning

This training programme deals with potentially emotive subjects. The content and materials may be upsetting to anyone, but particularly to anyone who has been personally affected by domestic abuse. Information is provided about help lines and local and national support services that can be contacted should you feel the need to talk to someone other than your manager following attendance on a course.

Single agency training

In addition to these multi-agency training events, Safe Newcastle can provide tailored training to meet your organisation's specific requirements. There may be a charge for this. For further details of 'in house' training opportunities or to discuss your organisation's requirements and receive a quote please contact Joanne Douglas.

Equality and Diversity

Equality is at the heart of our vision and values and is a part of everything we do. We are committed to tackling discrimination and the inequalities which prevent people from fulfilling their true potential. We aim to provide access to training regardless of a person's ethnicity, disability, sexual orientation, gender identity, age or religion.

We aim to ensure that all our courses are inclusive and avoid discrimination in all respects. This is always an integral objective in our planning and preparation of the training and we undertake to:

- ~ Ensure that all participants are treated as individuals
- ~ Respect the opinion and experience of others
- ~ Appropriately challenge discriminating language or any oppressive behaviour

If you would like to discuss access requirements prior to booking on a course or provide feedback relating to this following attendance on a course, please contact Joanne Douglas.

[You can read Newcastle City Council's approach to Equality and Diversity here](#)

Booking guidance, terms and conditions

Registration and allocation of places

All bookings are managed via the Eventbrite website. Click on the 'Register here' hyperlink next to the course you would like to attend and complete the online registration form.

If the link doesn't work on your device, try right clicking on the hyperlink, then click on 'open hyperlink' or copy and paste the link into your internet browser (Chrome tends to work best). If you still experience a problem, please contact your IT department for advice as all bookings must be completed via the Eventbrite website.

We can't accept applications for training unless your line manager agrees to the booking terms and conditions and has given authorisation for you to attend. Your line manager's contact details must be included on the registration form. By providing these details you are confirming that your manager has authorised your attendance.

Once you have completed the online registration form you will receive an e-mail confirmation from Eventbrite. You will also receive a further e-mail confirmation from Safe Newcastle about a week prior to the course date. You are advised to make a note of the date of the course/s you have registered for in your calendar and / or diary to ensure you are available to attend the course.

Charges for attendance

Training is free to most organisations operating within Newcastle upon Tyne. Profit-making organisations and organisations operating outside of Newcastle are welcome to attend but will be expected to pay a fee of £50 per person per day / £25 per person per half day.

Cancellations and non-attendance fees

If you are booked to attend a course but are subsequently unable to attend or are unable to attend for the entire course, you must cancel your booking on Eventbrite as soon as you become aware of this so that the place will be available for someone else.

Cancellations must be received within 5 working days of the course start date, although they will be accepted after this for those who are ill or have other extenuating circumstances, which have been approved by their line manager.

The booking organisation will pay the full late cancellation fee of £50 for anyone who does not attend and did not cancel their place or fails to stay for the entire duration of the course.

You must attend the entire course to receive an attendance certificate.

Safe Newcastle reserves the right to cancel courses. If this happens we will inform you as soon as possible and will offer an alternative date where available.

Newcastle City Council's Privacy Notice explains how we use information about you and how we protect your privacy.

[You can read the Privacy Notice here](#)

For further information about any of the courses offered in this programme, please contact:

Joanne Douglas

Workforce Development and Training Officer (Violence against Women and Girls)

07881 686 568, joanne.douglas@newcastle.gov.uk

Domestic Abuse Awareness (Level 1)



What is the aim of this course?

To raise participants' knowledge and understanding of the nature and impact of domestic abuse.

What will the course cover?

By the end of the course, the learner will:

1. Know the statutory definition of domestic abuse
2. Know the different types of abusive behaviours used by perpetrators of domestic abuse
3. Understand the impact of domestic abuse on victims and survivors
4. Know the prevalence of domestic abuse
5. Recognise the myths relating to the causes of domestic abuse
6. Understand how discrimination in society contributes to the experience and impact of domestic abuse
7. Know the specialist support services and interventions available for victims, children and perpetrators

Who should attend?

This is an introductory level course therefore no prior knowledge is necessary. The course is suitable for practitioners who may encounter people subjected to domestic abuse, perpetrators and / or children living in families where abuse is occurring. The course is for practitioners who work with people living in Newcastle, however, the training is available in different local authority areas. Please visit [Northumbria-DA-Training-and-Development-Prospectus_Final_101121-3.pdf \(northumbria-pcc.gov.uk\)](#) for details about the training in other areas.

Additional information

This course has been developed and accredited by the Office of the Police and Crime Commissioner for Northumbria and equates to 6 CPD hours / points.

Dates, times and venues

Wed	19	April	9.30 – 4.30	Civic Centre	Register here
Tue	9	May	9.30 – 12.45	Blended	Register here
Wed	14	June	9.30 – 4.30	Civic Centre	Register here
Wed	27	September	1.00 – 4.15	Blended	Register here
Thu	19	October	9.30 – 4.30	Civic Centre	Register here
Tue	21	November	9.30 – 12.45	Blended	Register here
Wed	17	January 2024	9.30 – 4.30	Civic Centre	Register here
Thu	8	February 2024	1.00 – 4.15	Blended	Register here

(If the 'Register here' hyperlinks don't work for you, please copy them into Google Chrome)

Domestic Abuse Ask and Action Training (Level 2)



What is the aim of this course?

To enable participants to 'Ask' clients if they are subjected to domestic abuse and to take 'Action' so the harms caused by perpetrators of domestic abuse are reduced.

What will the course cover?

By the end of the course, the learner will:

1. Understand what domestic abuse is
2. Recognise the indicators of domestic abuse
3. Understand the purpose of targeted enquiry and employ good practice when undertaking targeted enquiry
4. Respond to disclosures safely and effectively
5. Understand the purpose of risk identification, employ good practice when undertaking risk identification and follow referral pathways
6. Understand responsibilities around confidentiality and information sharing

Who should attend?

The course is suitable for practitioners who may encounter people subjected to domestic abuse and perform roles that enable them to facilitate and respond appropriately to disclosures.

To attend this course, applicants must have previously attended a level 1 domestic abuse awareness training course. This could be the course provided in this programme or training received elsewhere. You will be required to give details when completing the booking form.

The course is for practitioners who work with people living in Newcastle, however, the training is available in different local authority areas. Please visit [Northumbria-DA-Training-and-Development-Prospectus_Final_101121-3.pdf \(northumbria-pcc.gov.uk\)](#) for details about the training in other areas.

Dates, times and venues

Tue	20	June	Register here
Wed	29	November	Register here
Thu	29	February 2024	Register here

(If the 'Register here' hyperlinks don't work for you, please copy them into Google Chrome)

All these courses are 9.30 am to 4.30 pm at Newcastle Civic Centre.

Additional information

This course has been developed and accredited by the Office of the Police and Crime Commissioner for Northumbria and equates to 6 CPD hours / points.

Domestic Abuse Trusted Professional Training (Level 3)



What are the aims of this course?

- To assist professionals to build trusting relationships with survivors of domestic abuse by increasing their knowledge, skills and confidence to enable them to fulfil the role of a trusted professional.
- To increase professionals' understanding of the impact of trauma on survivors of domestic abuse and their children and enable them to work with survivors in a trauma informed, strengths-based, needs-led way.
- To increase professionals' awareness and understanding of the nature and impact of domestic abuse on children.
- To increase professionals' awareness and understanding of perpetrators' behaviour and how they seek to extend their coercive and controlling behaviours over interventions by professionals and agencies.
- To provide professionals with the opportunity to reflect on their attitudes, beliefs and practice relating to domestic abuse.

What will the course cover?

Module 1: Gender, Power and Domestic Abuse

1. Understand domestic abuse as a gendered, societal, global issue, framed within the violence against women and girls agenda
2. Understand how social disadvantage and discrimination impacts on the experience of domestic abuse
3. Explore the concept of power in relation to working in the field of domestic abuse
4. Understand how the systems in which we work can generate risk towards survivors of domestic abuse and their children

Module 2: Focus on Perpetrators and Children Living with Domestic Abuse

1. Explore children's experiences of domestic abuse
2. Explore how perpetrators of domestic abuse present and respond to professional intervention
3. Explore the potential negative effects on themselves of working in the field of domestic abuse

Module 3: Becoming a Trusted Professional

1. Understand the role of a trusted professional
2. Explore trauma and its impact on survivors of domestic abuse
3. Explore a strengths-based, needs-led approach when supporting survivors

Module 4: Reflective practice session

The learner will reflect on their own attitudes, beliefs and practice relating to domestic abuse.

Who should attend?

The course is suitable for practitioners who encounter women subjected to domestic abuse and who have **significant, regular contact with survivors and who might be expected, with training, to identify and respond to their initial support needs rather than immediately signpost or refer them to a specialist domestic abuse service.**

To attend this course, applicants must have previously attended a level 1 domestic abuse awareness training course. This could be the course provided in this programme or training received elsewhere. You will be required to give details when completing the online registration form.

You must have also previously attended the level 2 Domestic Abuse Ask and Action training course in this programme. You will be required to give details when completing the online registration form.

The course is for practitioners who work with people living in Newcastle, however, the training is available in different local authority areas. Please visit [Northumbria-DA-Training-and-Development-Prospectus_Final_101121-3.pdf \(northumbria-pcc.gov.uk\)](#) for details about the training in other areas.

How long is the course?

The course consists of three modules delivered over three full days and a three-hour reflective practice module delivered eight weeks later. Participants are required to attend all four modules to receive their CPD accreditation certificate.

Dates, times and venue

Tue	27	June 2023	Module 1	Register here
Wed	28	June	Module 2	
Thu	29	June	Module 3	
Thu	7	September	Module 4	

Wed	6	March 2024	Module 1	Register here
Wed	13	March	Module 2	
Wed	20	March	Module 3	
Wed	15	May 2025	Module 4	

Modules 1 – 3 are all 9.30 am to 4.30 pm

Module 4 is 9.30 am to 12.30 pm

All modules will take place at Newcastle Civic Centre.

Additional information

This training focusses on domestic abuse perpetrated by men towards female ex/partners. We recognise that men also experience domestic abuse and that women can be perpetrators. However, we know that domestic abuse disproportionately affects women and this training will reflect that, framing domestic abuse within the wider violence against women and girls context.

This course has been developed and accredited by the Office of the Police and Crime Commissioner for Northumbria and equates to 21 CPD hours / points.

Domestic Abuse Risk Identification and MARAC Online Training

What is the aim of this course?

To understand the purpose of risk identification, employ good practice when undertaking risk identification and follow appropriate referral pathways to safeguard and support those subjected to domestic abuse.

What will the course cover?

By the end of the course, the learner will be able to:

1. Identify risk factors in domestic abuse situations using the SafeLives DASH Risk Identification Checklist
2. Decide what level of intervention and support is required
3. Follow referral pathways, including making appropriate referrals to MARAC
4. Understand the MARAC process, including the role of the IDVA and ISVA service

Who should attend?

The course is suitable for practitioners whose role requires them to undertake the SafeLives DASH Risk Identification Checklist with people subject to domestic abuse.

Dates and times

Thu	6	July	9.30 – 12.30	Register here
Tue	24	October	1.00 – 4.00	Register here
Wed	31	January 2024	9.30 – 12.30	Register here

(If the 'Register here' hyperlinks don't work for you, please copy them into Google Chrome)

This training is delivered on Microsoft Teams.

Domestic Abuse, Older People and Carers Training

What is the aim of this course?

To increase awareness and understanding of the nature, impact and complexity of domestic abuse in the older population and to highlight the services, support and multi-agency frameworks that can be used to support older people subjected to domestic abuse.

What will the course cover?

1. Understand the prevalence of domestic abuse in the older population
2. Understand the increased risk factors associated with older people and domestic abuse
3. Have an awareness of the learning from Safeguarding Adults Reviews and Domestic Homicide Reviews involving older people
4. Explore the barriers to identification and reporting of domestic abuse in older people
5. Understand the importance of carer identification and support in reducing risks
6. Have an awareness of the use of appropriate risk identification checklists
7. Have clarity on the services and support available for older victims of domestic abuse
8. Understand the relevant multi-agency procedures that should be used to share information and manage risks

Who should attend?

The course is suitable for practitioners who may encounter older people and/or carers subjected to domestic abuse, perpetrators of abuse and / or children living in families where abuse is occurring.

Dates, times and venues

Tue	6	June 2023	9.30 – 12.30	Civic Centre	Register here
Wed	14	February 2024	9.30 – 12.30	Teams	Register here

(If the 'Register here' hyperlinks don't work for you, please copy them into Google Chrome)

Additional information

This course was developed and is delivered in partnership with Newcastle Safeguarding Adults Board, the Carers Lead and the Independent Domestic Abuse Advisor (IDVA) service.

Psychology of Victim Blaming Training

What is the aim of this course?

To increase participants' awareness and understanding relating to psychological theories and research about why and how people at every level of society place blame on victims and survivors of domestic and sexual violence.

What will the course cover?

1. Explore psychological and sociological theories of victim blaming
2. Learn about the ways people blame themselves after domestic and sexual violence
3. Understand the latest evidence, reports and research about victim blaming and the psychology of self-blame
4. Learn simple ways to challenge, change and influence people to reduce or stop victim blaming

Who should attend?

Practitioners with an interest in the evidence and theories of victim blaming and self-blame.

Dates, times and venues

Thu	5	October	Register here
Tue	23	January 2024	Register here
Wed	27	March 2024	Register here

(If the 'Register here' hyperlinks don't work for you, please copy them into Google Chrome)

All these courses are 9.30 am to 4.30 pm at Newcastle Civic Centre.

Additional information

The Psychology of Victim Blaming course was written by Dr Jessica Taylor, the founder and director of VictimFocus, an organisation dedicated to changing the way we portray and support victim/survivors of abuse, violence and trauma all over the world. The organisation uses education and training and produces materials and resources to end victim blaming, challenge stereotyping of victims and encourage trauma-informed working.

Please note: this training focusses on the victim blaming of women subjected to men's domestic and sexual violence. We recognise that men also experience domestic and sexual violence and that they can be victim blamed. However, we know that domestic and sexual violence disproportionately affect women and this training will reflect that, framing victim blaming within the wider violence against women and girls agenda.

The training will be delivered by Joanne Douglas (Newcastle City Council) who is an accredited and registered VictimFocus trainer, licensed to deliver their training in Newcastle.

Visit the [VictimFocus](https://www.victimfocus.org.uk/) website to find out more about the work they do.



Lunch and Learn Sessions

Grab yourself a sandwich and join us for a series of bitesize Lunch and Learn sessions on a wide range of topics.

Each session aims to raise awareness of the subject covered and will include definitions, dynamics, impact, legislation, interventions and support available. You're welcome to attend all the sessions or choose the one's you're most interested in.

Complete [this online form](#) to be added to the Lunch and Learn contact list. You'll then receive a calendar appointment about a week before each session with the Microsoft Teams link to join the meeting – accept the appointment if you would like to attend or decline it if not.

All sessions are 12 - 1 pm on Microsoft Teams.

Wed	26	April	Introduction to 'violence against women and girls'
Tue	23	May	Coercive control
Thu	22	June	Stalking and harassment
Wed	19	July	Non-fatal strangulation and suffocation
Thu	28	Sept	Economic abuse
Wed	25	Oct	Domestic abuse and suicide
Thu	23	Nov	Honour based abuse and forced marriage
Tue	16	Jan	Child to parent violence and abuse
Thu	15	Feb	Teenage relationship abuse
Tue	12	March	Male victims of domestic abuse

The online form can also be accessed here: <https://forms.office.com/e/pDn18yi2ye>

Further training available in Newcastle

The training programmes listed here are not provided by Safe Newcastle. If you have any questions relating to these courses, please use the contact details provided on the relevant websites.

[Children and Adults Safeguarding Courses - Newcastle Safeguarding](#)

[Early Help and Early Years Training | Newcastle City Council](#)

[Newcastle Sexual Health Training | Newcastle City Council](#)

[Prevent in Newcastle | Newcastle City Council](#)

[Financial inclusion | Newcastle City Council](#)

[Northumbria Domestic Abuse Training and Development Prospectus - Northumbria PCC](#)

Keeping in touch

Safe Newcastle produces a domestic abuse e-newsletter every two to three weeks featuring a roundup of the latest local and national information, resources, research, training and events, service updates, job opportunities and news articles. Contact Joanne Douglas if you would like to be included in the mailing list.

You can also follow Safe Newcastle on Twitter if you'd like to stay up to date with local and national news, announcements and training opportunities in the violence against women and girls sector. Search for @Safe_Newcastle

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