

Relational and Restorative Practice

All Relational and Restorative Practice training sessions are open to anyone in Newcastle who works with babies, children, young people and their families.

We know that for services to be relational, families must feel involved and respected, and have strong, trusting relationships with professionals. Multi-agency training opportunities helps to build positive working relationships in the best interests of children and their families.

Practitioners must attend the awareness session before they are able to book onto any of the masterclasses.

[Book here: RP Awareness Booking](#)

There are 3 **Relational and Restorative Practice Masterclasses**; Restorative Language, Circles and Fair Process and High Support, High Challenge. These masterclasses offer a deeper dive into Relational and Restorative Practice and encourage attendees to consider how RP may benefit not only their work but also their interactions in and outside of work.

- Restorative Language (5th June 2024, 10th October 2024)
- Circles & Fair Process (17th July 2024, 6th November 2024)
- High Support, High Challenge (11th September 2024, 17th December 2024)

[Book here: RP Masterclass Booking](#)

ReThink Formulation Workshops More and more multi-agency partners attend these sessions, highlighting a continued commitment to developing a shared way of being for how we work with children and their families and each other.

ReThink Formulation uses an evidence-based model of formulation to help us organise information and structure our conversations to reach a shared understanding from which to base our plans. Research has shown many young people, and their families experience repeated contact with services. 'ReThinking' how we work, with a shared language and deeper analysis, helps us understand why progress isn't maintained and guides us towards more effective interventions and sustainable outcomes.

- 4th July 2024,
- 24th September 2024

[Book here: ReThink Formulation Workshop Booking](#)



The **Relational, Restorative and ReThink Champions Network** continues to meet on a bi-monthly basis. This network was initially the ReThink champions network.

The next few sessions are going to focus on specific aspects of restorative approaches so we can learn and share together how to further embed this approach in our day to day practice. If you are interested in coming along to this network, please email one of the Relational Practice Leads who can forward you the invitation.

Dates for future meetings are:

- 26th June 2024
- 21st August 2024
- 16th October 2024
- 11th December 2024
- 5th February 2025

Please do not hesitate to contact a Relational Practice Lead for any support in your work with children and their families:

Rachel.Lingwood@newcastle.gov.uk

Melissa.Robson@newcastle.gov.uk

Laura.Evans@newcastle.gov.uk

Restorative and Relational Practice guides and resources can now be accessed on Tri-X (Children's Social Care colleagues) and through the Newcastle Safeguarding Children Partnership (NSCP) website. Link below:

[**Relational and Restorative Practice - Newcastle Safeguarding Children Partnership**](#)

These include specific practice guides which focus on: Language, Circles and High Support, High Challenge. Additionally, you will also find one-page reflections for practice which have been co-produced following reflections in practice with the aim of encouraging practitioners to reflect and challenge themselves in their work with children and their families.

The RPL Drop In continues over Team's due to the office moves and will take place on Wednesday's (10am – 1pm) as we recognise there are multiple panels taking place on Tuesday's and it's our Social Work Apprentices University Day. Please drop an email to the RPL's Laura Evans, Rachel Lingwood, Melissa Robson.

Reflective Learning Circles continue to be co-produced across Children's Social Care and multi-agency teams. Circles provide an informal, relaxed environment to reflect with each other and learn about the work which we all do. Contact one the Relational Practice Leads for dates and topic of circles.